SJC Food for Thought

List of Preferred Donation Items for the Food Pantry

Thank you for supporting the St. Joseph's College food pantry. The food pantry supports members of the SJC community who face food insecurity by providing immediate and non-perishable food choices. Below is a list of the most needed items. Please drop off your donations at the Office of Campus Ministry in the Student Hospitality Lounge (Suite 4) or at the Office for Academic Advising (N-302). Damaged, open, or expired items will not be accepted for distribution. Please contact foodforthought.li@sjcny.edu if you have any questions.

Breakfast	<u>Hygienic Items</u>	Additional Items
Cereal	Deodorant	Coffee
Granola	Toothbrush	Flour
Oatmeal	Toothpaste	Pepper
Pancake Mix	Shampoo	Salt
Pancake Syrup	Soap	Soy Sauce
Shelf Stable Milk	Feminine Hygiene	Tea

Gluten Free non-perishable items

Lunch and Dinner

Applesauce Beans (dried) Black Beans Canned Tomatoes

Canned Vegetables

Chili

Grains (dried) **Instant Potato Mix** Mac-n-Cheese Nut Butter Pasta/Spaghetti

Pasta Sauce (Marina, Traditional)

Peanut Butter

Ouinoa

Ramen Noodles

Rice Soup

Spanish Rice

Jam

Taco Mix

Taco Shells

Tuna Fish (canned)

Snacks

Canned Fruit Chips Crackers

Granola/Protein Bars

Nuts Popcorn **Pretzels** Trail Mix